

# LADY DAWNECIA PALMER

## DEAN, WELLNESS THERAPIST LIFE UNIVERSECITY LC

### ABOUT ME

Hi, I am Lady Dawnecia Palmer and I teach people how to take responsibility to transform their own life, so that they can begin to live the life they want and enjoy. The sort of life that brings true satisfaction and happiness every single day. Sadly for so many the life they dream is simply that, a dream. A dream which they think might or might not be possible, or at best, sometime in the distant future.

### SPECIALIZATIONS

- Attitudes and behavioural treatments
- Self-Empowerment Coach
- Soul Health Educator
- Public speaking
- Wellness Therapist
- Lifelong Personal Development
- Project management

### GET IN TOUCH WITH ME

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Lady Dawnecia Palmer is a proven, successful, Change Agent, certified Health and Wellness Practitioner and Soul Therapist, Hon D.HWs; DHumLitt. (h.c.)

Lady Palmer is Chancellor, and Founder of Life University LC, a recognized Alternative University for Creative Innovation in Higher Studies. And have been conducting Training Seminars, Conferences, and Workshops since 1985

Palmer has personally trained hundreds of Church leaders, Organizations CEOs and their staff, local Council Leaders, and Community members, as well as high-profile individuals, Political leaders, and Ambassadors of many countries. In 2007 she was duly accredited Ambassador for Peace by United Nations NGO IFWP,

Dawnecia enjoys writing and is the author of WELLNESSOLOGY – the Power of Everyday Wellness. She has written several Guides - principles for improving the self, attaining self-mastery, achieving soul health, freedom and wellbeing, and spiritual growth; the chief of these being The Magnificent Way™ (TMW)

A proficient Public Speaker and Radio Presenter. Keynote Speaker at Universities, Schools, Churches, Television. A number of her quotes and sayings are free and publicly accessible on her Twitter timeline @LadyP2transform.

Dawnecia Palmer has received many nominations and awards in recognition of her personal achievements, and for helping to create change and a better life for many people in her city, where she was nominated for the Bristol University Local Heroes Centenary Degree. In 1987 she won the WOFM Inspirational Speakers Award, in 2004 Bristol City Council Women Who Make Difference Award, and in 2006 the Home Office One Person Can Make A Difference Award, presented by the Rt Hon Paul Boateng

### OTHER INTERESTS

Lady Palmer is an avid reader, writer, and blogger; with a strong interest in research around peace-making, safety, fairness, racial justice, and local community led activism.