**Instructor** **Course Overview**

Rev Dawnecia Palmer **What**

Soul Health Education and Soul Clinic for self-empowerment and lifelong personal development using the modality of Breathology, The Magnificent Way principles, to awaken a person’s inner capacity to realise, attain and maintain a healthy soul, emotional wholeness and physical wellbeing. To prosper as your soul prospers. 3 John 2’

**Phone How**

+44 07508390298 Classroom tutorials, class integration, personal practise, feedback and homework

**Email: Why**

[Life.Universecity@gmail.com](mailto:Life.Universecity@gmail.com) \*Discover the infinite, limitless potential to live magnificent lives every day.

**Office Location** \*Learn cutting edge techniques to expand one’s capacity to manage and ease physical and emotional pain. Learn how thoughts affect our cells and genes and impact our actions.

Old Fishponds Library \*Acquire the wisdom, understanding and confidence to face difficult situations, transcend, overcome and transmute doubt, fear, lack, and limitation.

Fishponds Road. BS16 3HU \*Obtain the necessary skills and tools to enable better decisions and right choices.

**Course materials** Handouts/selected texts

**Required Text** N/A

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| **Course Schedule** | **Subject** |  |  |
| **March, April, May, June**  **July & august Winter Break – home work**  **Sept, Oct, Nov, Dec**  **Decenber & january Winter Break – home work**  **Feb, march, April, may** | What is life? enjoying optimal health and wellbeing. Breathology. Inner visioning & intuition. Understanding defragmentalization/increase soul health. Introducing the 2T’s methodology that works every time. Defining Limitless/Redefining Potential. Alveoli & Adrenal points for transformation. Intro Soul Ecology how impact earth ecosystem  Mini Retreat – Effects of TWD on Water to influence physical & mental capacity/Maintaining Presence - Creating a shift for recreating your story  Intro TMW Conscious Processing Utility. Learn the antidote to average and loose the victim mentality for good, discover how you can enter the soul matrix and learn to maintain attention, deal with trauma, defunct longings, fatigue & stress.  Sharing your story & compiling feedback in the form of a presentation, to include personal, experience, feedback & classwork. Ready to present to the class on return.  Intro the LULC’s new concept of MagniNumerals language and create an internal field of abundance and external culture of excellence. Diagnosis v Prognosis internal dialogue, Demystifying the small me Ego and reclaim your Divine Rights. | ` |  |